



Backpack Buddies Food List

BREAKFAST

- Cereal individual boxes
- Pop tarts
- Granola bars all kinds
- Oat meal packages

PROTEIN & SOUP (*Most Needed Items)

- Small to go peanut butter packs *
- Tuna –small pop top lids*
- Pork & beans–small pop top lids
- Ravioli/spaghetti–pop top lids *
- Ramen noodles packages
- Small single serve mac & cheese *

FRUIT & SNACKS (*Most Needed Items)

- Chips in small bags
- Pudding cups *
- Jell-O cups
- Cookies – individually wrapped
- Fruit snacks
- Cracker packages
- Raisin packages
- Apple sauce or fruit cups

DRINKS

- Juice boxes, Gatorade (small bottle)
- Sunny Delight, OJ