



hhfb.org

“We are all meant to make significant change in any way we can and every moment is an opportunity.”

~ Cindy Balderson, Healthy Harvest President & CEO

## YOU PROVIDE HOPE

*to the many children, seniors, and families struggling with food insecurity in our region.*

**Give Hope.  
Give Local.**

**\$25  
Donation**



100  
Meals

**\$50  
Donation**



200  
Meals

**\$100  
Donation**



400  
Meals

SCAN ME



## MOST NEEDED ITEMS

- Mac-n-Cheese
- Spaghetti Sauce
- Canned or Dried Beans
- Hot & Cold Cereal
- Whole Grain Snacks
- Peanut Butter (Creamy or Crunchy)
- Canned Tuna or Canned Chicken
- Boxed Meals (Hamburger Helper, etc.)
- Canned Fruit (Regular & Low Sugar)
- Canned Vegetables (Regular & Low Sodium)

Shelf-stable food donations can be delivered directly to Healthy Harvest Food Bank's delivery door located at the back of the warehouse.

Open weekdays from 9 a.m. - 3 p.m.  
55 Commerce Parkway, Warsaw, VA 22572  
804-250-2277

**Together we can make a difference!**

Serving the Northern Neck and Upper Middle Peninsula.



Follow us on social media!  
@healthyharvestfoodbank



Healthy Harvest FRESH

Platinum  
Transparency  
2025

Candid.

Charity  
Navigator



FOUR-STAR

Donate Today!

